|  |  |  |  |
| --- | --- | --- | --- |
| Monday | Drop-in -*The Lodge*  **9-11** | Drop-in - *The Lodge*  **12-2pm**  Monday Meditation-Teaching & Learning 118  **2-3pm** | Drop-in - *The Lodge*  LT **3-5pm**  Recovery Film Club (First Monday of every month)  Teaching & Learning 118  **5-7pm** |
| Tuesday |  |  |  |
| Wednesday |  |  | Buddhist Society Meditation – *St Francis Hall*  **4-5:30pm**  Monthly Sober Social  **6-8pm** |
| Thursday |  |  | 12 Step Recovery Community Share **6-7pm**  *European Research Institute G53* |
| Friday | Drop-in - *The Lodge*  **9-11** | Drop-in - *The Lodge*  **12-2pm** | Drop-in - *The Lodge*  **2-4:30pm**  BTW Recovery Celebration  **5-6pm**  *ERI G54* (until Oct 6th) The *Beale Room* (Oct 13th onwards) |

# **Better Than Well Timetable**

**Morning (9-12)** **Afternoon (12 -3)** **Evening (3-8pm)**